

Side Effect Management for Testicular Cancer Patients

Common Side Effects:

- Temporary skin changes including redness, dryness, scaling, and itching to the treatment area
- Diarrhea
- Fatigue
- Sperm damage (usually temporary)

Helpful Hints:

- If you experience frequent loose stools or diarrhea, please refer to the Diarrhea Nutrition Therapy handout and begin dietary modifications and Imodium.
- Start using lotion/Aquaphor to the treatment area from the start of treatment.
- To prevent skin irritation, wear loose fitting cotton boxer shorts. Cotton does not hold moisture and allows the skin to breathe.
- Take precautions to prevent pregnancy during treatment and for 3 months after completion of treatment.