

Side Effect Management for Stomach Cancer Patients

Common Side Effects:

- Skin changes ranging from redness to blistering and peeling
- Nausea and vomiting
- Diarrhea
- Abdominal cramping
- Fatigue
- Decreased appetite

Helpful Hints:

- If you have any questions regarding your chemotherapy, your nurse will help you be in touch with your medical oncology team.
- Start using lotion/Aquaphor to the treatment area from the start of treatment.
- If you experience frequent loose stools or diarrhea, please refer to the Diarrhea
- Nutrition Therapy handout and begin dietary modifications and Imodium.
- Drink plenty of water or recommended fluids.
- Eat small frequent meals, rather than big meals.
- Take prescription nausea medications 30 minutes before radiation treatment if
- indicated.