

Side Effect Management for Prostate Cancer Patients

Common Side Effects:

- Frequent urination during the day and night
- Burning Sensation with urination
- Difficult or painful urination
- Small amount of blood in urine
- Slight urinary leakage
- Loose stools or diarrhea
- Small amount of blood in stools
- Rectal urgency
- Slight rectal leakage
- Fatigue

Helpful Hints:

- Have a full bladder before every treatment.
- If you experience frequent loose stools or diarrhea, please refer to the Diarrhea Nutrition Therapy handout and begin dietary modifications and Imodium.
- Notify nurse if the burning with urination is severe and we may do a urinalysis to rule out infection.
- Drink plenty of water throughout the day.
- Start using lotion/Aquaphor to the treated area from the start of treatment.
- If you have any questions regarding your hormone therapy, your nurse will help you be in touch with your urologist.