

Side Effect Management for Head & Brain Cancer Patients

Common Side Effects:

- Mild headaches
- Hair thinning or hair loss
- Nausea
- Vomiting
- Fatigue
- Hearing loss
- Skin and scalp changes
- Trouble with memory and speech

Helpful Hints:

- If you have any questions regarding your chemotherapy, your nurse will help you be in touch with your medical oncology team.
- Drinks plenty of water or recommended fluids.
- Gets a lot of rest.
- Eat frequent small meals, rather than big meals
- If you are prescribed a steroid, it is very important to take as directed by your physician.
- Call immediately if you have any of the following symptoms:
 - Leg or arm weakness
 - Loss of bowel or bladder function
 - Numbness
 - Change in personality
 - Confusion or decreased alertness
 - Seizures or unusual muscle twitching
 - Changes in vision
 - Dizziness
 - Severe headaches
- You may find the need for a driver to and from your treatments.
- Let us know if you need information about resources for wigs.

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