

# **Side Effect Management for Gynecological Cancer Patients Who Receive External Beam Radiation**

## **Common Side Effects:**

- Diarrhea or loose stools
- Nausea and vomiting
- Skin changes
- Vaginal irritation and dryness
- Bladder irritation causing urge to urinate often
- Fatigue

## **Helpful Hints:**

- If you experience frequent loose stools or diarrhea, please refer to the Diarrhea Nutrition Therapy hand-out and begin dietary modifications and Imodium.
- If you have any questions regarding your chemotherapy, your nurse will help you be in touch with your medical oncology team.
- Pelvic rest is encouraged throughout treatment and up to 6 weeks post treatment to promote healing.
- Use vaginal lubricant to help with dryness and discomfort during sex when you are done with pelvic rest.