

# Side Effect Management for Bone Cancer Patients

## Common Side Effects:

- Fatigue and weakness
- Possible initial increase in pain to area being treated
- Possible lowering of blood counts when larger bones are treated
- Decreased appetite
- Possible skin changes
- Possible stomach upset

## Helpful Hints:

- If you experience frequent loose stools or diarrhea, please refer to the Diarrhea Nutrition Therapy handout and begin dietary modifications and Imodium.
- If you have any questions regarding your chemotherapy, your nurse will help you be in touch with your medical oncology team.
- Rest frequently.
- Eat small frequent meals, rather than big meals.
- Take pain medications as directed to keep pain under control.
- Apply lotion/Aquaphor to the treatment area from the start of treatment.