

# Side Effect Management for Bladder Cancer Patients

## Common Side Effects:

- Urinary Side Effects:
  - o Frequent urination during the day and night
  - o Burning Sensation with urination
  - o Difficult or painful urination
  - o Blood in urine
  - o Slight urinary leakage
  - o Urinary urgency
  - o Bladder spasms
- Bowel Side Effects:
  - o Loose stools or diarrhea
  - o Small amount of blood in stools
  - o Rectal urgency
  - o Slight rectal leakage
- Fatigue
- Nausea

## Helpful Hints:

- If you experience frequent loose stools or diarrhea, please refer to the Diarrhea Nutrition Therapy handout and begin dietary modifications and Imodium.
- Notify nurse if the burning with urination is severe and we may do a urinalysis to rule out infection.
- Drink plenty of water throughout the day.
- If you have any questions regarding your chemotherapy, your nurse will help you be in touch with your medical oncology team.